



Maplewood Memorial Library

Finding Your Right-Fit College

For high school students.

Parents are also welcome.

The college selection process can be intimidating and stressful for both parents and students.

How do you find the right school, especially if you're not sure what you want to do?



- In this free workshop, you'll examine your core values and social, emotional and academic needs.
- From there, you'll create a blueprint you can use in your college selection process, and evaluate which schools would be the best fit for you.

Monday, Feb. 22
7:00 pm
Memorial Hall

Jeff Melman, LCSW, Jeff Melman is a social worker and therapist who has worked with children and families since 2002. Mr. Melman specializes in working with adolescents. He has helped students with issues including improving academic performance, strengthening interpersonal and familial relationships, and combating stress, anxiety and depression.

Paige Continentino is a Certified Life Coach. Her work is centered around helping people who want to change their lives create a plan to achieve those changes. She helps people focus on, and design, a life that honors their unique values and needs.

No registration needed. For more information, email PROGRAMS@maplewoodlibrary.org

Maplewood Memorial Library
51 Baker St.
www.maplewoodlibrary.org